

U.S. CENSUS BUREAU

ANNUAL WELLNESS BLOOD SCREENING

FB-3

Tuesday, May 2, 2006
Hollerith Conference Room
7:30–11:00 a.m.

Wednesday, May 3, 2006
Room 2113
7:30–11:00 a.m.

Washington Plaza

Tuesday, May 9, 2006
WP1, Room 434
7:30–10:30 a.m.

Make-up Date

Tuesday, June 13, 2006
Kallek Conference Room
7:30–10:30 a.m.



You may choose from the following options:

GENERAL WELLNESS TEST

Fast 12 hours for this test

Full Blood Chemistry & Complete Blood Count—\$39 includes:

- Cholesterol/lipid tests & triglyceride
- Diabetes screen (glucose)
- Liver & kidney function tests
- Thyroid test (T4)
- Heart function
- Bone/muscle function
- Anemia screening
- Complete blood count screens for indications of anemia, infections, bleeding, and blood disorders

Screening Instructions:

1. **DO NOT** eat or drink (except plenty of water) for 10 to 12 hours prior to testing.
2. Take your regular medications as prescribed.
3. If **DIABETIC** or **PREGNANT**, **DO NOT** fast prior to testing.



SPECIFIC SCREENING TESTS

These are nonfasting tests

PSA—\$30 cancer

Screens for early indication of prostate cancer, recommended for men over 40.

C-Reactive Protein—\$30 heart disease

Screens for systemic inflammation within the body, linked to heart disease.

Hemoglobin A1c—\$45 diabetes

Measures average blood glucose (blood sugar) levels for prior 8–12 weeks.

Thyroid Stimulating Hormone (TSH)—\$55

Screens for thyroid function.

Blood Group & RH Type—\$15



TO SCHEDULE AN APPOINTMENT

Go to www.healthoneinc.com and select “Appointment Services.”

For appointment assistance by phone, call 703-370-6766 or TTY 301-763-0350. If immediate help is not available, please leave a message as instructed and your call will be returned by the next business day.

Free Access to On-line Health Assessment
Free Blood Pressure Screening

Sponsored by the Health Unit

Lab results will be mailed to your home within 7 days.

All testing is strictly confidential.

Payment in the form of cash, check, Visa, or Mastercard

Please direct all requests for sign language interpreting services, Computer Aided Realtime Translation (CART), or other accommodation needs to HRD.Disability.Program@census.gov. If you have questions concerning accommodations, please contact the Disability Program Office at 301-763-4060 (voice), 301-457-3375 (TTY).

**Free Bagels
and Juice**

